

SOUP SOUP

CARRY OUT & CATERING

7654 North Western

Oklahoma City, OK 73116

Store: (405) 843-7095 Terry's Cell: (405) 476-2356

Email: Thesoupsouplady@yahoo.com Website: soupsoup.org

* Items Available To Order/Pick Up *

CASSEROLES:

Small(1 lb): \$8.99 Medium(2¼lb): \$14.99 Large(9x13): \$42.00 Special Order

Baked Spaghetti	Chicken Spaghetti	(chicken enchiladas)
Beef Enchiladas	Chicken Tetrazzini	Mexican Chicken Enchiladas with tomatillo sauce
Breakfast Casseroles	Creamy Tomato Pasta	Spinach & Mushroom Manicotti
Cheese Enchiladas	with/without chicken	Veggie Lasagne
Chicken Fettuccini	Fettuccini Alfredo	Green Chili & Cheese Enchiladas
with fresh spinach	with/without chicken	
Chicken Pot Pie	Kings Ranch	

MEALS:

Beef Stroganoff with buttered noodle	Small: \$11.00	Medium: \$21.00
Breaded Chicken Breast, wild rice & vegetable	Small: \$11.00	Medium: \$21.00
Breaded Cod, lemon rice & vegetable	Small: \$11.00	Medium: \$21.00
Chicken Piccata, lemon rice & vegetable	Small: \$11.00	Medium: \$21.00
Coq Au Vin, rice (or noodle) & vegetable	Small: \$11.00	Medium: \$21.00
Porkchop, wild rice & vegetable	Small: \$11.00	Medium: \$21.00
Pork tenderloin, mashed potatoes & vegetable	Small: \$11.00	Medium: \$21.00
Pot roast, new potato & carrot	Small: \$11.00	Medium: \$21.00
Tilapia fishstick, lemon rice & vegetable	Small: \$11.00	Medium: \$21.00
Salmon (fresh) croquettes, lemon rice & vegetable	Small: \$11.00	Medium: \$21.00
Shepards Pie	Small: \$11.00	Medium: \$21.00
Meatloaf	Small: \$9.99	Large: \$17.99

Chicken Quiche	\$13.99				
Vegetable Quiche	\$13.99	Chicken Salad	\$5.99 ½pt	\$8.99 pt	\$16.99 qt
Quiche Lorraine	\$13.99	Egg Salad	\$4.99 ½pt	\$7.99 pt	\$14.99 qt
Fresh Tomato Basil Quiche	\$13.99	Pimento Cheese	\$5.99 ½pt	\$8.99 pt	\$16.99 qt

SALADS:

Small: \$7.49 Large: \$22.50

Caesar Salad (romaine with homemade dressing)

Chinese Cabbage (Napa almond, Ramen noodle onion vinaigrette)

Chopped Salad (romaine, carrot, purple onion, cucumber, tomato bacon blue cheese dressing)

Green Salad (romaine, spinach, cranraisin, feta, purple onion - red wine vinaigrette)

Spinach Salad (purple onion tomato candied walnut - balsamic vinegar/ or red wine vinaigrette)

GRAIN & PASTA SALADS

Pint: \$6.99 Quart: \$12.99

Artichoke & Rice	Couscous	Orzo with Lentil
Blackbean & Rice	Crescent Slaw	Persian Salad
Caesar Pasta	Fresh Tomato Basil Pasta	Quinoa with Roasted Sweet Potato
Caprese Salad	Fresh Tomato Mozzarella Pasta	Veggie Pasta
Carrot Raisin	Greek Pasta Salad	Brown Rice
Chick Pea Salad	Macaroni Salad	

Hors d'oeuvres
Prices May Vary with Servings per person

- | | |
|---------------------------|---------------------------------|
| Cheese Rounds | Meat Balls in BBQ Sauce |
| Fresh Tomato Salsa | Chicken Poppers w/ Roasted - |
| Baked Artichoke Dip | Veggie Tray and Hot Cheese Dip |
| Black Bean Salsa | Shrimp w/Cocktail Sauce |
| Pesto | Spring Rolls w/ Peanut Sauce |
| Hummus w/Baked Pita Chips | Beef/Pork Tenderloin |
| Elegant Cheese Pie | Brushetta/Mushroom Tomato Basil |
| Fresh Fruit Tray | |

SOUPS:
Pint: \$6.99 Quart: \$11.99

- | | | |
|---------------------|----------------------------|-----------------------|
| Autumn Bisque | Creamy Carrot | Potato and Leek |
| Avocado Cucumber | Cream of Mushroom | Santa fe Cheese |
| Baked Potato | Cream of Potato | Southwest Potato |
| Beef Stew *\$13.99 | Fresh Tomato Basil | with Peppers |
| Beef Chili *\$14.99 | Gazpacho | Spinach Potato |
| Broccoli | Lemon Chicken | Tomato Bisque |
| Broccoli Cheddar | Lentil with fresh spinach | Tortilla |
| Caribbean Black | Minestrone | Turkey Chili *\$13.99 |
| Bean | Moroccan Lentil Soup | Vegetable Barley |
| Chicken Noodle | Navy Bean | Vegetable Gumbo |
| Chicken Tortilla | Okie Dokie Vegetable | White Bean Chili |
| Corn Chowder | Old Fashion Tomato | White Bean |
| | Pinto Bean with Brown Rice | with fresh spinach |

DESSERTS:
Cakes: \$6.99/serving - \$35.00/sheet

- | | | |
|--------------------|---------------------------------|-----------------------|
| Apple Cake | Carrot Cake | German Chocolate Cake |
| Banana Cake | Cheesecake- \$45.00 | Lime Cake |
| Banana Spice Cake | Chocolate Cake | Orange Cake |
| with caramel icing | Coconut Cake | Strawberry Cake |
| | Chocolate Butter Cookie | \$6.99 |
| | Chocolate Chip Cookie | \$6.99 |
| | Choc. Chip Cookie with out nuts | \$6.99 |
| | Lace Cookie | \$6.99 |
| | Lemon Poppy Seed Cookie | \$6.99 |
| | Oatmeal Raisin Cookie | \$6.99 |
| | Sandies Cookie | \$6.99 |
| | Apricot Bar | \$2.99 |
| | Blackberry Bar | \$2.99 |
| | Brownie | \$2.99 |
| | Lemon Square | \$2.99 |
| | Macadamia Nut Bar | \$2.99 |
| | Buttermilk Bar | \$3.59 |
| | Pecan Bar | \$3.59 |
| | Orange Brownie | \$2.99 |

BREADS:
Small: \$6.99 Large: \$9.99

- | | | | |
|-------------------|----------|-----------|-------------------|
| Banana Nut | Cinnamon | Cranberry | Orange |
| Orange Poppy Seed | Pumpkin | Raspberry | Trail Mix: \$8.49 |
| Lemon Thyme | Orange | Rosemary | Coconut |